

RECOVERY COACH TRAINING

The Recovery Coach Training is an intensive training academy focusing on providing individuals with the skills need to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in the community as well as virtually, the Recovery Coach Training prepares participants by helping them to actively listen, ask good questions, and discover and manage their own challenges.

Recovery Coach Training participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

For more information on upcoming workshops contact:

- Partnership for African American Churches at 304-768-7688 or by email at patterson@paac2.org
- GRaCE Inc. website at <https://www.strengtheningrace.com/wvrca> or by email at marti@strengtheningrace.com
- Morgantown Sober Living at www.westvirginiasoberliving.com
- Youth Service Systems at vstaskey@ysswv.com
- Recovery Point at <https://recoverypointwv.org/services/peer-recovery-coach-training/> or by email at info@recoverypointwv.org

