



Prevention Lead Organizations (PLO)

Contact a PLO to engage with prevention efforts in your region!

REGION 1

Brooke, Hancock, Marshall, Ohio, Wetzel
Dara Pond
Youth Services System, Inc.
304-233-2045 • dpond@ysswv.com

REGION 2

*Berkeley, Grant, Hampshire, Hardy, Jefferson,
Mineral, Morgan, Pendleton*
Paige Mathias
Potomac Highlands Guild
304-257-1155 • paigem@potomachighlandsguild.com

REGION 3

Calhoun, Jackson, Pleasants, Ritchie, Roane, Tyler, Wirt, Wood
Shelly Mize
Westbrook Health Services
304-927-5200 ext 410 • smize@westbrookhealth.com

REGION 4

*Barbour, Braxton, Doddridge, Gilmer, Harrison, Lewis, Marion,
Monongalia, Preston, Randolph, Taylor, Tucker, Upshur*
Elizabeth Shahan
West Virginia Prevention Solutions
304-423-5049 • Elizabeth@wvpreventionsolutions.org

REGION 5

*Boone, Cabell, Clay, Kanawha, Lincoln, Logan,
Mason, Mingo, Putnam, Wayne*
Kim Shoemake
Prestera Center
304-412-7036 • Kimberly.Shoemake@prestera.org

REGION 6

*Fayette, Greenbrier, McDowell, Mercer, Monroe, Nicholas,
Pocahontas, Raleigh, Summers, Webster, Wyoming*
Greg Puckett
Community Connections
304-913-4956 • greg.puckett@strongcommunities.org




GET HELP

For emergencies call 911.



For 24/7 Help With a Substance Use or Mental Health Issue

1-844-435-7498; help4wv.com

 FindTreatment.gov

Substance Use and Mental Health Treatment Locator

findtreatment.gov

1-800-662-HELP (4357); 1-800-487-4899 (TTY)



Alcohol Treatment Navigator

alcoholtreatment.niaaa.nih.gov



Find a Narcotics Anonymous Meeting Near You

na.org/meetingsearch



Find an Alcoholics Anonymous Meeting Near You

aa.org



National 988 Suicide & Crisis Lifeline

988lifeline.org



Prevent Suicide WV - Get Help

preventsuicidewv.com/help/



West Virginia Poison Center

1-800-222-1222

wvpoisoncenter.org

1-800-GAMBLER

For 24/7 Help With a Gambling Problem

1800gambler.net

West Virginia
Center for Local Health

Find Your Local Health Department

dhr.wv.gov/localhealth/Pages/Map.aspx



Help304 West Virginia's Emotional Strengthline

For social, emotional, and supportive counseling via call, text, and chat.

help304.com



Help & Hope WV

HelpandHopeWV.org



StigmaFree WV

StigmaFreeWV.org